

Schedule your biometric health screening.

Health screenings are a simple way to assess your current health status and help identify potential risks such as heart disease, diabetes, and other illnesses. Visit [go/healthscreening](#) for more information, and **complete your screening by July 31, 2027**.

1Onsite Health Clinic	2Onsite Biometric Health Screening Events	3Quest Patient Services Center
Available at SATHO, COS, PHX, TPA offices go/ClinicPortal	Available at all offices go/HealthScreening	Available to all employees regardless of office location go/QuestDiagnostics
After completing your appointment with one of the options above, credit is automatically awarded for the BeWell@USAA program		

or visit your

4Primary Care Physician	
1	Download and print the physician form at go/QuestDiagnostics
2	Schedule your screening with your primary care physician
3	Bring your physician form to your appointment
4	Upload your completed form to go/QuestDiagnostics by July 31, 2027
From August 1, 2026 - July 31, 2027 , screenings will be credited towards the 2026/2027 BeWell@USAA program. Completing a health screening, preventative healthcare visit, or dental cleaning is required to reach Alpha level for BeWell@USAA.	