

# SCHEDULE YOUR BIOMETRIC HEALTH SCREENING!



Health screenings are a simple way to assess your current health status and help identify potential risks such as heart disease, diabetes, and other illnesses. Visit [go/healthscreening](https://go.healthscreening) for more information.

## ① ONSITE HEALTH CLINIC

Available at SATHO, COS, PHX, TPA offices

[go/ClinicPortal](https://go.ClinicPortal)

## ② ONSITE BIOMETRIC HEALTH SCREEN EVENTS

Available at all offices

[go/HealthScreening](https://go.HealthScreening)

## ③ QUEST PATIENT SERVICES CENTER

Available to all employees, regardless of office location

[go/QuestDiagnostics](https://go.QuestDiagnostics)

After completing your appointment with one of the options above, credit is automatically awarded for the BeWell@USAA program.

## OR VISIT YOUR

### ④ PRIMARY CARE PHYSICIAN

1. [Download and print](https://go.QuestDiagnostics) the physician form at [go/QuestDiagnostics](https://go.QuestDiagnostics)
2. [Schedule your screening](#) with your primary care physician
3. [Bring your physician form](#) to your appointment
4. [Upload your completed form](#) to [go/QuestDiagnostics](https://go.QuestDiagnostics)

From [August 1, 2025](#) - [July 31, 2026](#), screenings will be credited towards the 2025/2026 BeWell@USAA program. Completing a health screening, preventative healthcare visit, or dental cleaning is required to reach Alpha level for BeWell@USAA.